

# How to Choose an Inpatient Physical Rehabilitation Provider



If your loved one has experienced a stroke or complex injury, their immediate care in the hospital is just the beginning. After discharge, they will likely need to **rebuild strength and function** through inpatient physical rehabilitation — and you may be tasked with selecting a provider.



Daniel D. McNeill, DO, Medical Director of Good Shepherd Rehabilitation Hospital

This decision can feel overwhelming, especially during an emotional time for your family. Not only are there many providers to choose from, but you may have limited time to select one. Yet specialized care is key to a successful recovery, so it's critical to do your research. You should never feel pressured in your decision.

Fortunately, **you do have a choice** and can select a physical rehabilitation provider by name to make sure your loved one gets the highest quality care.

## Key Factors to Consider



### SPECIALIZED CARE AND EXPERTISE

Every injury comes with unique challenges, and there is no one-size-fits-all approach. Personalized, expert care will help your loved one reach their fullest potential.

At Good Shepherd, we offer specialized programs by injury type. Our interdisciplinary team of physicians, therapists, and nurses design individualized treatment plans, supporting your loved one every step of the way.



### ACCREDITATIONS AND REPUTATION

Look for programs accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), the gold standard in rehabilitation care. Also consider the provider's reputation — ask for referrals from friends, research online and check patient reviews.

Good Shepherd has been operating in the Lehigh Valley for more than 115 years, specializing in complex cases and offering six CARF-accredited programs.



### HEALING ENVIRONMENT

A welcoming space can make a world of difference in recovery. Consider facilities with private rooms, calm surroundings and dedicated areas for family visits, all of which help patients rest and recharge between therapy sessions.

Good Shepherd's new hospital in Center Valley, PA, is designed to optimize recovery and comfort with spacious private suites, activity areas, peaceful gardens, indoor lounges and specialized therapy spaces.



### TECHNOLOGY AND INNOVATION

Advanced technology can make therapy more effective and engaging. High-quality rehabilitation providers, including Good Shepherd, incorporate innovations such as 3D printing and specialized gait-training equipment to enhance patient outcomes.

At Good Shepherd, we use a range of tools, from robotics to wearable devices, to support your loved one's rehabilitation goals and help them return home feeling confident.



## Schedule a Tour

Choosing the right rehabilitation provider is a major decision, and seeing the facility can give you reassurance that you're making the right choice. If you have time, schedule a tour to see the space and meet the rehabilitation team.

To schedule a tour of Good Shepherd's inpatient rehabilitation hospital, call **1.888.44.REHAB**.

We're here to help you make an informed choice that supports your loved one's best possible recovery.

## See Where Potential Becomes Reality

